

# Windy Gap 2019: A Shannon Forest Tradition!

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Every year, for the past 20 years, SF students in 7th - 12th Grades have traveled to Weaverville, NC, to experience WINDY GAP. This tradition is a favorite among students, faculty, administration, and staff. Students build deeper relationships with their classmates and teachers in the picturesque mountains of North Carolina. Windy Gap is a time of fun and laughter, of growing in Christ and growing closer to friends, a time of starting new friendships and strengthening old ones.

## HIGHLIGHTS OF THE RETREAT

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**Dates: Wednesday, October 2 - Friday, October 4**

Departure: Wednesday morning around 8:30 a.m.

Return: Friday afternoon around 11:30 a.m.

**4 Worship Meetings-** This time is filled with delightful skits, funny games, praise and worship music by the Windy Gap Band, and meaningful messages from God's Word.

**Free time-** Boredom is never a problem at Windy Gap. Students will swing on the giant swing, zip line into the lake, and cruise down the huge slide. The pool and hot tub will be open for relaxing; the gift shop will be open for shopping; and the Sippin' Parlor will be open for snacking. There is something for everyone.

**Skit Night-** Students are always entertained by the faculty and staff at the annual skit night, which concludes with a poignant tribute to the Senior Class.

**Meals-** The students will not lack for food as each meal is carefully planned and prepared by on-site staff and volunteer parents.

**Cabin Competitions-** Friendly competition between the cabins will also take place throughout the week. In the past, students have battled it out through color runs, scavenger hunts, hoe downs, and much more.

## WHY IS WINDY GAP SO AMAZING?

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*"Windy Gap is a beautiful place where you can relax from the everyday stress from school and connect with God and your classmates."*

~Neel (Graduate, Class of 2017)

*"I love Windy Gap because it is such a bonding experience with friends."*

~Julia (Graduate, Class of 2019)

*"Windy Gap is the highlight of fall to most students. I love getting to spend quality time with my classmates and all of the fun activities we get to do while we are there"*

~Emily (Graduate, Class of 2016)

*"Windy Gap is the only thing that I think about throughout each school year. It's the best place to go to deepen our relationships. I think it's a blast every time I go. The games, food, devotion, and the great times make it such a great experience."*

~Kody (Graduate, Class of 2018)

## WHAT TO BRING

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Sleeping Bag or Twin sheets

Towels and washcloths

Pillow

Toiletries/Sunblock

Flashlight

Bible, Notebook, and Pen

Bathing Suit/Changes of Clothes/Closed-toe shoes

Sweater/Jacket

Spending Money (Sippin' Parlor and Gift Shop)

A refillable water bottle (with student's name on it)

## DRESS CODE

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### Feel Free to Wear:

→Shorts and t-shirts, but remember that they must be modest and appropriate

→Tankinis and one-piece swimsuits

→Flip flops are allowed

→The weather may turn chilly, so remember to pack some warm clothes

### Don't Pack:

→Spaghetti straps or tops that expose the midriff

→Shorts that are too short in length

→**Remember, when in doubt, don't wear it**

## MEDICINE

All medicine must be brought to Tracie Blair at the front office by Monday, September 30. Prescription medication must be labeled in an original bottle with the student's name and appropriate dosage. Please bring only what is necessary for the trip. Students may NOT keep medicine with their belongings. Medicine will be administered by the nurses for the duration of the Windy Gap trip.

## IMPORTANT FACTS

**Cell Phones-** The location of Windy Gap makes cell phone reception almost non-existent. If you send your child with a cell phone, please note that they will probably not be able to find a signal. If you need to contact your child while we are at the camp, please call

**828-645-7187**

This number will reach the camp directly and someone will contact one of our staff.

**Weather-** The days can get extremely warm and the nights can get extremely cool. Please make sure your student packs clothing that can be layered.

**Cabin and Camp Clean-up-** At the end of our stay, each student will help clean their cabin, and each cabin is assigned another job to clean up camp.

**Snacks-** Personal Snacks are **NOT ALLOWED in the cabins** as they invite unwelcomed guests. Students will have opportunities to get snacks during free time and snacks will be provided each night prior to bedtime.

**Electronics-** If your student brings electronic devices (iPads, iPhones, iPods, etc.), they must assume all responsibility for those devices. Cabins will be unlocked during the day, so it will be impossible to secure them.

**Luggage-** You may have only **ONE** duffle bag/suitcase and **ONE** carry-on.

## SCHEDULE

### Wednesday, October 2nd

8:30 a.m.	Depart for Windy Gap
10:30 a.m.	Arrive and unload chartered buses
11:00 a.m.	Meeting # 1
12:30 p.m.	Lunch
1:30 p.m.	Free Time
5:00 p.m.	Clean up and prepare for dinner
6:00 p.m.	Dinner
6:45 p.m.	Meeting # 2
9:15 p.m.	Evening Activity
10:15 p.m.	Snack time
10:30 p.m.	Everyone in cabins
11:00 p.m.	Lights out

### Thursday, October 3rd

8:30 a.m.	Breakfast
9:15 a.m.	Morning Activity
10:30 a.m.	Clean up and prepare for Meeting time
11:00 a.m.	Meeting # 3
12:30 p.m.	Lunch
1:30 p.m.	Free Time
5:00 p.m.	Clean up and prepare for dinner
6:00 p.m.	Dinner
6:45 p.m.	Meeting # 4
9:35 p.m.	Skit Night
10:15 p.m.	Snack time
10:30 p.m.	Everyone in cabins
11:00 p.m.	Lights out

### Friday, October 4th

9:00 a.m.	Breakfast
9:35 a.m.	Campus Clean-up
10:00 a.m.	Depart for home
11:30 a.m.	Arrive back at SF

