

FIRST PRESBYTERIAN ACADEMY

College Counseling *Schedule*



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FIRST PRESBYTERIAN ACADEMY

College Counseling *Schedule*

FRESHMAN YEAR (9TH GRADE)

GOAL: ACADEMIC FOUNDATION & SELF-DISCOVERY

Fall:

- Attend class information session to discuss academic goals and high school graduation requirements.
- Explore extracurricular interests (clubs, sports, volunteering).
- Begin building a resume or activity list.

Spring:

- Research summer enrichment or volunteer opportunities.
- Start career interest surveys
- Create good study habits and time management.
- Take the PSAT 8/9

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SOPHOMORE YEAR (10TH GRADE)

GOAL: EXPLORE INTERESTS & START PLANNING

Fall:

- Continue strong academic performance.
- Take the PSAT (practice, not qualifying).
- Attend class information session.
- Update resume with new activities.
- Continue career interest surveys.

Spring:

- Begin preliminary college research.
- Consider summer programs or internships.
- Plan junior year courses with rigor in mind (e.g., AP/honors).
- Begin SAT/ACT prep (lightly).

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JUNIOR YEAR (IITH GRADE)

GOAL: RESEARCH & PREPARE FOR APPLICATIONS

Fall:

- Take the PSAT/NMSQT (qualifies for National Merit).
- Begin exploring resources in Naviance.
- Begin or continue with SAT/ACT test prep
- Meet with counselor for college list brainstorming.
- Register for spring SAT/ACT.
- Attend college visits and fairs.
- Stay involved in leadership roles and activities.

Spring:

- Take SAT/ACT (can retake in summer/fall).
- Ask for teacher recommendations before summer.
- Finalize college list (reach, match, safety).
- Research scholarships and financial aid basics.
- Take the Myers Briggs Personality Assessment
- Attend college visits with FPA

Summer:

- Visit colleges (if possible).
- Retake SAT/ACT if needed.
- Finalize resume.

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SENIOR YEAR (12TH GRADE)

GOAL: RESEARCH & PREPARE FOR APPLICATIONS

Fall:

- Attend Senior Retreat/College Application Workshop.
- Attend Family College Counseling Conference.
- Finalize applications (early deadlines in Oct/Nov).
- Retake SAT/ACT if needed.
- Request transcripts and recommendations.
- Submit FAFSA (opens Oct 1)
- Keep grades strong—first semester matters.

Winter:

- Complete regular decision applications (Jan deadlines).
- Apply for scholarships.
- Follow up on financial aid documents.

Spring:

- Compare financial aid offers.
- Make final decision and submit enrollment deposit (by May 1).
- Notify other colleges of your decision.
- Prepare for college transition (orientation, housing, etc.).